# Seward County Aging Services Advisory Board Meeting Minutes 3/27/2025 Seward Memorial Library, Seward, NE

The meeting of the Seward County Aging Advisory Board was called to order on March 27<sup>th</sup>, 2025, at 6:00 p.m. by Alison Rook, Program Director. Roll call was completed & the following board members were present: Kelly Burianek, Glenda Dobbertien, Jean Eggleston, Mary Reetz, Shawna Agena

#### **Advisory Board Open Position**

- Utica has an open position, with currently three potential candidates.
- Will be on the commissioner's agenda to elect a new board member.

#### Digital Literacy Workshop

- February and March events were both cancelled due to weather.
- Too late in the season to plan a spring session, will move forward in the fall.
- Seward Chamber's Digital Empowerment Center plan to host a digital workshop. They have conducted surveys and hope to have a session planned by spring.
- Alison will share with the community when complete.

#### Care Packages

- Kelly purchased some sample items for future care packages. It included packaged food, lotion, sunscreen, laundry soap, etc.
- Discussed package with items for personal care, and will discuss at a later date.
- There is potential space at the Extension Office to store items.
- Items could be donated, have individual sponsor a package. We would need to solicit individuals and/or businesses for donations.
- Alison will talk to other providers to see the need, and what is already being done.
- Care packages will be discussed again at the next meeting.

#### Ideas for Future

- Senior farmers market program
  - Every year the Government delegates money to stated for tickets used to purchase farmers market items.
  - There are Federal cuts this year but will likely impact urban areas more than rural.
  - 2024 tickets should be available in late June, early July.
- Pop-Up Events in Communities
  - Brainstormed activities such as music/entertainment, bingo, pitch tournament, and educational topics such as moving from home to a retirement.

- Caregivers Retreat
  - o Plan to host another caregivers retreat in November.
  - Agenda ideas:
    - Entertainment
    - Speakers
    - Legal Clinic
    - Seward Hospital estate planning
    - Possible site, Seward Memorial Library.

## Next Meeting Date/Time & Location

• May 22, 2025 – 6 P.M. – Location TBD

### Adjournment

• Mary made a motion to adjourn the meeting, seconded by Glenda.

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