Seward County Aging Services Advisory Board Meeting Minutes 1/23/2025 Aging Services Office, Seward, NE

The meeting of the Seward County Aging Advisory Board was called to order on January 23, 2025, at 7:00 p.m. by Alison Rook, Program Director. She announced that the open meetings act was available to all present & the pledge of allegiance was recited. Roll call was completed & the following board members were present: Steph Meyer. Kelly Burianek, Jean Eggleston, Greg Holloway, Shawna Agena. Also present, Raegan Hain, Seward County Commissioner.

Approved minutes from the 10/24/2024 – Raegan Hain made a motion to approve, seconded by Kelly Burianek. Roll take taken.

Caregiver Retreat Update

- The 2024 Caregiver Retreat was held on 11/13/2024 at Harvest Hall. Attended by 18 caregivers, 5 board members and with volunteers and speakers, approximately 35 in total.
- Lunch was purchased through Thrivant grants.
- Positive feedback from attendees.
- Plan to organize again for next fall.
 - Not as many speakers are needed.
 - Alison will ask this year's participants what day/time works best for schedules.
 - Discussed adding non-denominational clergy, add topic on end of life preparations.

Medicare Part D Enrollment

Alison assisted approximately 50 individuals enroll in Medicare Part D.

Advisory Board Position

- Don Olsen Resigned from the Aging Services board. According to bylaws, the board of commissioners need to approve resignation. Raegan will add to the agenda for the next commissioners' meeting.
- Alison provided an application for interested applicants, approved by the board. Motion to approved by Greg, seconded by Steph. Roll call taken. Raegan will present the application to the board of commissioners.
- Aging service board members may serve 2 years, off one term, then can reapply.

Digital Literacy Workshop

- Alison partnered with Concordia College to plan a digital literacy workshop. Concordia
 has 14-15 college students that will be present at the workshop and assist with digital
 questions. This will also promote intergenerational connections.
- The date is not final, possibly 2/18 or 2/25.
- Appointment will be scheduled in 30-minute time slots.
- Alison is scheduled to meet with the Chamber to discuss the digital literacy offerings that they have so services are not duplicated.
- Ideas for 2025
 - November Caregiver Retreat
 - February literacy workshop
 - Beaver City pop-up event
 - o March Mardi Gras brunch in Staplehurst.
 - o Care packages (blizzard box). Alison and Kelly will be meeting to brainstorm ideas.
- Next Meeting Date/Time and Location
 - Discussed meeting more than quarterly. Will move to every other month, The meeting time also changed to 6 PM.
 - Next meeting March 27, 2025 6 PM
- Items for next agenda
 - Report on digital literacy workshop.
 - o Beaver Crossing pop-up follow up
 - Care packages.
 - Board replacement
 - o Ideas for future.
- Adjournment.
 - Jean Eggleston made a motion to adjourn the meeting, seconded by Greg Holloway.